

CHIBOOLA MALAAMBO, M.D.

Physician • Mindset Coach • Life Designer

• Chiboola@readytochange.life • Haleiwa, Hawaii 96712

EDUCATION

Howard University College of Medicine - Washington, D.C. 1980
Doctor of Medicine - Honors in Pediatrics & Cardiology

Princeton University - Princeton, New Jersey 1970–1972
Psychology; Pre-Medical Studies

University of Washington - Seattle, Washington 1972–1975
Psychology; Pre-Medical Studies

Lakeside School for Boys - Seattle, Washington 1968–1970
College Preparatory; Honors

MEDICAL TRAINING & RESIDENCY

MLK Jr. General Hospital - Los Angeles, California 1981–1984
Residency: Inner City Family Practice & Emergency Medicine / Trauma Center

CLINICAL EXPERIENCE

Kaiser Permanente / Kaiser Foundation Hospitals - Bellflower, California 1982 - 2003
Retired Physician & Partnership Owner since 1982 / 1984

- Retired Relief Physician in Charge, Emergency Medicine
- Retired Co-Director, Emergency Department 2
- Rated No. 1 in the World - Preventing Cardiac Morbidity and Mortality, Initial ISIS Studies (1990s)

Homeo-Path Community Health Center - Long Beach, California
Medical Director (Past) - Community-based educational center for personal health and wellness

Peoples Coordinated Services - Recovery & Rehabilitation Los Angeles, California
Past Medical Director

LEGAL ADVOCACY

Acting as a private Attorney General under California Business & Professions Code §17,200, Dr. Malaambo pursued legal action that drove substantive change in California healthcare practices. As a direct result, hospitals implemented enhanced protections for children and emergency patients.

Representative in Medical Malpractice Arbitration - JAMS Orange, California
Medical Malpractice Consultant Artesia, California

CONSULTING & FACULTY APPOINTMENTS

Kids Zone Center for Early Childhood Learning — Seattle, Washington
Medical Consultant (Past) - Master Teacher: LaTonya Deal

Sexual Assault Crisis Agency (SACA) - Long Beach, California
Medical Consultant (Past)

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Curentur University - Culver City, California

California Faculty & Medical Consultant (Past)

Bio-Chrono Institute - Santa Monica, California

Past Board Member & Student of Arthur Mikaelian, Ph.D., Originator
Multidisciplinary group for world peace through cooperative economics

Voice Dialogue Evolved - Seattle, Washington

Voice Dialogue Applied Theory & Medical Consultant - Catherine Keir, CC.

PROGRAM CREATION & INNOVATION

Emergency Medicine Mentor Program — Kaiser Permanente, Bellflower, CA 1988

Hospital-based mentorship for high school graduates and college students

Emergency Medicine Scribe System - Kaiser Permanente - Creator

Pioneered the scribe model within the Kaiser system

Emergency Medicine Volunteer Internship Program - Kaiser Permanente 1999

Hospital-based program for at-risk young adults; improved care environment in HMO setting

Spiritual Resuscitation - Kaiser Permanente, Bellflower, CA - Creator

A compassionate, human-centered approach to end-of-life care within Emergency Resuscitation

The Enlightenment Conference - Las Vegas, Nevada 2000 -

Director & Co-Creator with Jerianne Heimendinger, Ph.D. - Five-day intensive supporting human enlightenment

Return to African Roots / The Excursion - Africa 1975

Creator - Four-month immersive outdoor living and cultural experience of the motherland of all life.

LIFE DESIGN & COACHING

Ready to Change Life Design for Teens - readytochange.life 2020 - Present

Co-Founder - Nonprofit online life design masterclass platform for teenagers

- Co-founded with Audrey Higbee, MSN
- Federally recognized nonprofit; free platform serving adolescents nationally
- Curriculum anchored in love, fearlessness, creativity, resilience, and non-violence

Malaambo Shaolin Temple Remastered - Hawaii 2023 - Present

Creator & Master Teacher - Kung-Fu, Jiu Jitsu, Tai Chi, Yoga, Meditation, Chi Kung

Transformational Master Teacher & Light Master - KRYON 2003–Present

Students Interactive Fellowship Union (SIFU) - Nonprofit Corporation 1994

Built resilience skills for at-risk youth through Shaolin Life Design philosophy

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SHAOLIN MARTIAL ARTS — LINEAGE & TRAINING

Over five decades of study under internationally recognized masters across 14 disciplines:

Tae Kwon Do Duk San, Master — New York, 1970	Botokan Karate Don Williams, Master — Seattle, 1972	Sun-Do / Chinese Philosophy Master Kigan Malaambo — Seattle
Hung-Gar / Tai Chi / Chi Kung Master Leong San — Seattle	Escrima Lineage of Danny Inosanto — Chicago	Sil Lum Pai Hung-Gar Kong, Kinney, Lee, Hamby — Seattle/LA
Seven Star Praying Mantis Cohen / Liang Kam Yuen — DC/LA	Northern Shaolin Master Joe Handy — Washington, D.C.	Yang Tai Chi Master Ethridge Smith — Santa Barbara
Yanagi Riu Aki Jiu Jitsu Master Don Angier — Long Beach	Chen Tai Chi / Chi Kung Master David Yao — Los Angeles	Kung-Fu San Soo Master Jon Fong — Los Angeles
Seattle Kung-Fu Club Head Instructor — Univ. of Washington		

PUBLICATIONS

Author and Poet — Selected Works:

- Conversations with Jerianne, Books 1–5
- An 8 Word Dictionary of the Mastery of Love
- Chaotic Prose
- Quanta
- Kryon's 12 Layer's of DNA
- Lover of Humankind
- Why Danielle Steel Can't Help You With IT
- MWE
- Quantum Love Theory

EARLY FORMATION & ACE BACKGROUND

Dr. Malaambo carries an Adverse Childhood Experiences (ACE) score of 6, reflecting early exposure to violence, addiction, absent parenting, and trauma. This background directly informs his practice as a healer and life designer, grounding his work in empathy, resilience, and genuine understanding of adversity.

Meany Junior High School — Seattle, Washington 1965–1968

Track & Field — School record holder, 440-yard sprint

Madrona School — Seattle, Washington 1962–1964

Freddy and the Frog Legs grade school band; Actor, Cirque Theater (1964)